



Autism Musical Experience

Learning to play a musical instrument is known to help individuals with ASD focus and learn, build self esteem and improve communication.

S.A.F.E., Inc. is pleased to provide a program that will offer children/students with ASD the opportunity to learn to play a musical instrument of their choice. Studies suggest that music can improve language skills, reading, and increase focus hearing speech against background noise.

Music that engages autistic children works very well in helping them communicate and develop social skills. Students with ASD may respond to music by singing in the same note, and some may even begin communicating through singing. They may take up an instrument to play, helping them gain interest in acquiring a new skill. Music can help different students in different ways, but generally it is beneficial to them because it makes them more responsive to their environment.

Music is also known to motivate individuals with ASD. The challenge of mastering an instrument raises confidence and self-esteem. The child might enjoy success at doing something no one else in the family can do, or perhaps the experience will create an avenue to share music with another family member or care giver.

The arts, regardless of the discipline, stimulate creativity, allowing for deeper thinking and awareness. This can lead to the discovery of new and improved ways to solve problems and accomplish goals.

S.A.F.E. is providing music lessons for our children with ASD, typically bi-weekly. Lessons are conducted one-on-one with a music professional at half hour intervals.

Results of the Autism Musical Experience program will be measured by the number of participants that progress and/or succeed in mastering the instrument of their choice, and to what extent the students are excited to share their accomplishments with others.

The ultimate goal is to identify a musical ensemble that will perform throughout the local area to raise funds to sustain the program.

This program will also include occasional group sessions with an emphasis on drum circles, dance and movement.

For more information please call us at 570.822.7259